

**Cynthia L. Meeske, LICSW**  
**The Balanced Path Wellness Center**  
**89 Main St., Suite 304**  
**Medway, MA 02053**  
**774-573-1644**

**Payments & Procedures**

Fees:

Initial Diagnostic Assessment: \$140  
Individual Psychotherapy (45 min): \$80  
Couples/Family Therapy: \$100

Payment:

The above fees apply to anyone paying directly for services. I do take most major insurance plans and will bill your insurance directly if I am within your network. **You are responsible for checking prior to the time of your first visit to ensure that I am in your network.** Payment is required in full at the time of the session unless other arrangements have been arranged and agreed upon by both parties. This includes copays, deductible payments, and out of pocket charges. If fees accumulate over more than one session, additional sessions will not be held until the balance is paid. Acceptable forms of payment are cash, personal check, credit card, or Paypal. **Checks should be made out to: Cynthia L. Meeske, LICSW.** Payments can also be made through paypal using credit cards or a paypal account.

If you are intending to request reimbursement from your insurance company for my services as an "out-of-network provider", I will provide you with an Insurance Reimbursement Request Form (IRRF). In this event, payment is still required in full at the time of the session and your insurance company will reimburse you directly. There is no guarantee, however, that you will receive this reimbursement as each company makes these determinations on a case by case basis. Signing this form acknowledges your understanding that you are ultimately responsible for payment and it is your responsibility to communicate with your insurance company regarding reimbursement.

Cancellations:

You are expected to appear for all scheduled appointments. **I require a minimum of 24 hours notice to cancel an appointment.**

*I hereby acknowledge that I have read and accept the above fees and conditions.*

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Client Signature

Date